

WARM UP EXERCISES

THAT WILL MAKE YOUR PLAYING

ON FIRE

SHIFTING EXERCISES

Shifting is one of the most difficult technical aspects of guitar playing. Therefore it is important to practice shifting systematically so that our left hand and arm are ready for any situation.

The exercises here are taken from Carlevaro's Serie Didactica.

- Ensure that the connection between each note is as legato as possible
- Use your arm to guide the hand (lead with your elbow)
- Use the minimum amount of pressure to fret each note
- Practice with a mirror
- Practice with dynamics
- Use a metronome for consistent tempo

Adjacent Fingers

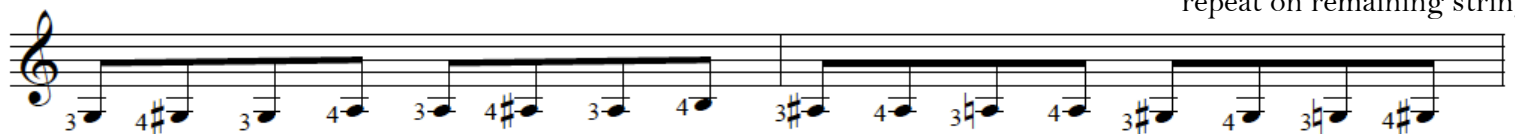
repeat on remaining strings



repeat on remaining strings



repeat on remaining strings



Non- adjacent Fingers

repeat on remaining strings

repeat on remaining strings

repeat on remaining strings

Variations

*Open string in-between each note

This helps to ensure that the position of your left hand is nicely curved and open so to allow the adjacent open string to ring freely.

*Preparation

This forces you to shift as quickly as possible and helps to build up speed, accuracy and security.

py = play & pt = plant

1. SIDNEY PRATTEN

GUITAR SCHOOL , C. 1859

p a m i p a m i p a m i

i a m a i a m a

(i a m i)
(m m)

p i m p i m p i m p i m p i m

a m i a m i a m i a m i a m i

p i m a p i m a p i m a p i m a p i m a

a m i p a m i p a m i p a m i p a m i p

a m i *a m i* *a m i i*

m (i) a i a m (i) a i a

a m i m a m i m
(i) (i)

a m i m a m i m
(i) (i)

m (i) a i a i a i a m (i) a i a i a i a

a m p i m i m i m i a m p i m i a m p i m i a m p i m i p i p i p

SCALES IN MAJOR AND MINOR KEYS

By J.K. Mertz

(Edited and Formatted by Daniel Nistico)

“Use the same right hand fingerings as the C Major and A Minor scales for the remaining keys”

or use

Standard Fingerings

i m i m
i a i a
m a m a
and reverse all

Non-standard Fingerings

p i p i
p m p m
p a p a
p c p c

i c i c
m c m c
a c a c
and reverse all

C Major

Right Hand

Left Hand

Cadence

A Minor

Cadence

G Major

Musical notation for the G Major scale and cadence. The top staff shows the scale with fingerings: 3, 0, 2, 3, 0, 2, 4, 0, 2, 0, 1, 3, 0, 2, 3, 2, 0, 3, 1, 0, 2, 0, 4, 2, 0, 3, 2, 0. The bottom staff shows the cadence with fingerings: 3, 0, 2, 3, 0, 2, 4, 0, 2, 0, 3, 1, 0, 2, 0, 4, 2, 0, 3, 2, 0.

Cadence

E Minor

Musical notation for the E Minor scale and cadence. The top staff shows the scale with fingerings: 0, 2, 3, 0, 2, 4, 0, 2, 0, 2, 2, 4, 0, 2, 0, 3, 2, 1, 0, 2, 0, 4, 2, 0, 3, 2, 0, 3, 2. The bottom staff shows the cadence with fingerings: 0, 4, 0, 3, 0, 5, 0, 3, 0, 4, 0, 3, 0, 6.

Cadence